

## ActiveOne Health Inc. Gives Back Through Blood Drive



**ActiveOne Health, Inc. in cooperation with the Philippine Red Cross recently held a blood drive participated in by ActiveOne employees.**

**Help Us, Help Others** – The Environment Health and Safety (EHS) Team under the Medical & Regulatory Affairs Department of ActiveOne Health Inc. recently held its annual “*Health Blood Drive Program*”, a blood donation activity among its employees last July 15, 2016 where more than 30 donors signed up. It’s a partnership with the Philippine Red Cross (Rizal Branch, Makati Chapter) who facilitated the program.

The EHS Team has been initiating this event in ActiveOne for six years in an approach to promote individual volunteerism and uplift corporate social responsibility. “*ActiveOne has always encouraged its employees to participate in corporate social responsibilities*”, according to its President and COO Mr. Tony Castillo. “*It is important to realize how fortunate most of us are to be working and being able to provide to our loved ones. This activity gives us an opportunity to be of help to others as well, most especially since ActiveOne is in the health management. We prioritize providing wellness to individuals in every way that we can*”.



**ActiveOne employee undergoing blood donation facilitated by Philippine Red Cross officer**

Blood donation is a two-way advantage, as stated by Jacqueline Dela, Occupational Health & Safety Nurse, *"donating blood will help a lot of people and at the same time will benefit oneself."* While the main beneficiary from the blood donation caters to a very vast number of patients with diseases related to profuse bleeding, anemia, and surgical operations, there are also advantages on the part of the blood donors. According to Ravey Balbin, Red Cross officer, there are numerous benefits when donating blood such as:

1. Change of blood mechanism
2. Exercises the bone marrow
3. Personal health check
4. Knowledge on your blood type
5. Blood donors will also receive a Red Cross Priority Card in case they will be needing blood donations in the future.

For blood donation inquiries, you may reach Philippine Red Cross at 37 EDSA cor Boni Avenue, Mandaluyong City or call them at 790-2330.

ActiveOne Health Inc. is a workplace health care and wellness management company specialized in providing occupational health services and resources that enhance workforce wellness and increase overall work productivity for industrial and commercial workplace settings. The company's main office is located at 6th Floor, Port Royal Place Building, 118 Rada St., Legaspi Village, Makati City with contact number (02) 856 7939.