

DANGERS OF Substance Abuse

Drug abuse exists when a person continually uses any chemical substance other than for its intended purpose. This can lead to a state of physical and psychological dependence and impair social functioning.



Profile of Drug Abusers in the Philippines

- MEAN AGE: 30 years old
- RATIO OF MALE TO FEMALE USERS: 12:1
- CIVIL STATUS: Single 49.07%
- EMPLOYMENT STATUS: Unemployed 47.59%
- EDUCATIONAL ATTAINMENT: College Level 29.83%
- ECONOMIC STATUS : Average Monthly Family Income Php 15,423
- PLACE OF RESIDENCE: Urban (NCR 45.56%)
- COMMONLY ABUSED SUBSTANCES:
 - Methamphetamine Hydrochloride (Shabu)
 - Cannabis (Marijuana)
 - Inhalants (Contact Cement Adhesive)

Impacts of Drug Abuse:

Some examples of adverse effects of substance abuse on health include but are not limited to:

Psychological Effects	Physical Effects
Psychiatric Changes	Hypertension
Irritability & Violent Behavior	Irregular heart beat
Loss of appetite	Convulsion or Limb spasms
Inability to sleep	Cardiac arrest
Fear & Acute panic attacks	AIDS through needle sharing
Hallucinations & Delusions	Bone marrow damage
Slurred speech	Brain damage
Lack of coordination	Hearing loss
Memory loss	Lightheadedness

Helping a person recover from drug dependency

You alone can't make your friend stop doing drugs. Professional counseling, treatment and rehabilitation is needed. For further information on drug abuse and rehab, you may contact the Dangerous Drug Board Hotline No. 929-1753

Investing in workplace drug prevention can have huge effects on company cost

Pre-employment drug screening saves time and lessens costs in training new employees. Illicit drug users are more than twice as likely to change employers three or more times per year.

This is a special health reminder from your friends at

